

INTRODUCING...

PICNIC SIDEKICKS



Hey 7NSH superheroes!

You all deserve a break from your life-saving work. Every shift, pick a sidekick who will save your day by taking your Vocera and listening out for your patients while you take your 30 minute **duty-free** break.

Tips for success:

- Pick a sidekick at shift huddle (keep geographic location in mind)
- Round on your patients and make sure all their needs are met and inform them that you are going to lunch
 - Inform your partner and HUC that you are going on break
 - Try not to take your break at the same time as your partner
 - Find your sidekick and handoff your vocera
 - Go enjoy your 30 minute duty-free picnic!



COMING TO 7NSH APRIL 9TH