

# Our goal is your health: COVID-19 testing

Answering your important questions to reduce the spread of coronavirus and ensure care for those with severe symptoms



## Coronavirus (COVID-19) testing:

- Helps experts understand the spread of the virus
- Is less important, for each individual, as coronavirus becomes more widespread
- Consumes precious resources such as protective equipment, swabs, and chemicals
- Can unnecessarily expose people to the virus

## Reduce spread and ensure care for those with severe symptoms by:

- Testing patients with severe symptoms to know how best to care for them
- Testing healthcare providers to protect and reduce spread among patients and other providers

## If you have mild or moderate symptoms:

- Testing you now will not change our recommendations for care as there is no treatment for mild coronavirus
- Take care of yourself by monitoring your symptoms, resting, and physically distancing from others including those in your home
- Stay in touch with a healthcare provider

**Thank you for doing your part  
to help prevent the spread of illness**

