Our goal is your health: COVID-19 testing

Answering your important questions to reduce the spread of coronavirus and ensure care for those with severe symptoms

Coronavirus (COVID-19) testing:

• Helps experts understand the spread of the virus
• Is less important, for each individual, as coronavirus becomes more widespread
• Consumes precious resources such as protective equipment, swabs, and chemicals
• Can unnecessarily expose people to the virus

Reduce spread and ensure care for those with severe symptoms by:

• Testing patients with severe symptoms to know how best to care for them
• Testing healthcare providers to protect and reduce spread among patients and other providers

If you have mild or moderate symptoms:

• Testing you now will not change our recommendations for care as there is no treatment for mild coronavirus
• Take care of yourself by monitoring your symptoms, resting, and physically distancing from others including those in your home
• Stay in touch with a healthcare provider

Thank you for doing your part to help prevent the spread of illness

Check your symptoms through the UNC Health Coronavirus Help assessment tool on the website unchealth.org or by calling UNC Health Coronavirus Helpline at 1-888-850-2684. If you are having difficulty breathing or are experiencing a medical emergency, call 911 or seek immediate treatment.