

**The University of North Carolina Hospitals - North Carolina Memorial Hospital, North Carolina Children's Hospital, North Carolina Women's Hospital and North Carolina Neurosciences Hospital - is a tertiary care, teaching hospital affiliated with the School of Medicine of the University of North Carolina at Chapel Hill. The Department of Recreational Therapy employs a full-time, professional staff to provide services to Pediatrics, Psychiatry, Rehabilitation, the North Carolina Jaycee Burn Center and the Organ Transplant Services of UNC Hospitals.**

## **RECREATIONAL THERAPY CLINICAL FELLOWSHIPS**

Clinical Fellowships are offered by the University of North Carolina Hospitals through its Department of Recreational Therapy as a learning experience for highly motivated and professionally oriented individuals. The purpose of the Fellowships is to offer a new graduate the opportunity to develop his/her skills as a Recreational Therapist in a pediatric, psychiatric, or rehabilitation clinical service. The Fellows will develop or enhance their skills in planning, implementing and evaluating recreational therapy treatment plans and interventions being delivered within a multi-disciplinary team framework. Opportunities to develop skills in individual, group and co-leadership of interventions will be provided. The Fellows will develop assessment skills in the areas of interview techniques, patient observation, interpretation of data and the application of assessment data to the treatment planning process. Medical records documentation and information communication and processing will be taught. The Fellows will be under the supervision of therapists who are licensed by the North Carolina Board of Recreational Therapy Licensure and certified by the National Council for Therapeutic Recreation Certification.

The Fellowships are designed to allow the students to enhance competence in the following areas:

Knowledge of current philosophy, principles, practices, trends and issues in the field of RT, including but not limited to assessment, program development, program implementation, program evaluation and documentation.

Knowledge of RT theory, principles, techniques and methods along with their specific implications and applications to patient care.

Knowledge of the characteristics and etiology of various illnesses and medical conditions and of their specific implications for Recreational Therapy program design and treatment interventions.

Knowledge of medical terminology and of various medications, treatments and procedures used in treatment settings.

Knowledge of human anatomy, physiology and abnormal psychology.

Knowledge of theories of human/child development and how development may be affected by illnesses or medical disorders.

Knowledge of theories of human/child behavior, of psychology and of individual and group dynamics.

Understanding of the nature and implications of professional standards of practice and external accreditation standards relative to services provided by Recreational Therapy.

Understanding of the role and function of health care and human service systems including the contribution of Recreational Therapy's to each.

Understanding of the role and function of other health and human service professionals and of interdisciplinary approaches.

Ability to implement therapeutic interventions using a variety of individual and group techniques, including instruction, leadership, supervision and counseling techniques in delivering Recreational Therapy services.

Knowledge of and ability to utilize a variety of assistive techniques, adaptive devices and equipment related to specific illnesses and disabilities in Recreational Therapy services.

Ability to select, conduct, analyze, and utilize a variety of assessment and intervention techniques and procedures in Recreational Therapy programs.

Ability to keep accurate records and reports which demonstrate the quality and quantity of Recreational Therapy service and personal productivity.

Ability to understand and articulate the philosophy, goals, and treatment strategies of the Department and of the Recreational Therapy program in The North Carolina Children's Hospital and the North Carolina Neurosciences Hospital, and the UNC Healthcare Rehabilitation Center.

Ability to communicate effectively, both orally and through written media.

Ability to approach problems in a positive manner and to work creatively and effectively with others in finding solutions.

Knowledge of interdisciplinary treatment practices used in acute care pediatrics, psychiatry and rehabilitation settings.

Knowledge of various Recreational Therapy Treatment interventions used to increase motor and mobility skills, cognitive function, social integration, psychosocial adjustment to disability and community reintegration and independence in life activities.

*The University of North Carolina Hospitals and the Department of Recreational Therapy gratefully acknowledge the long-standing and generous support of Sigma Sigma Sigma and its members. Without their support, the Pediatric Fellowship would not be possible.*

## CRITERIA FOR FELLOWSHIP SELECTION

Graduation from a BA/BS degree program with a major or specialization in Therapeutic Recreation that, at minimum, meets the Therapeutic Recreation knowledge areas as defined by National Council for Therapeutic Recreation Certification.

Licensed by the North Carolina Board of Recreational Therapy Licensure and certified by the National Council for Therapeutic Recreation Certification.

Completion of a clinical internship consisting of a minimum 400 hours and 10 consecutive weeks, under the supervision of a CTRS.

An applicant's intention to pursue a professional career in Recreational Therapy will be considered in awarding the fellowship.

Coursework which includes a minimum of 3 Therapeutic Recreation content courses (9 semester hours or 12 quarter hours); supportive coursework (18 semester hours or 27 quarter hours) to include a minimum of anatomy, physiology, abnormal psychology and human growth and development; additional coursework in healthcare, human services and topics related to clinical practice as a Recreational Therapist in Pediatrics, Psychiatry and Rehabilitation.

## GENERAL CONSIDERATIONS

This is a paid position with limited benefits.

The Fellows work forty hours per week for a period of twelve consecutive months. Evening and weekend hours will be part of the weekly work schedule.

Additional work (part-time employment) during the fellowship is not recommended. Any plans for such work must first be discussed with the Assistant Director, of Recreational Therapy and the Coordinator of Clinical Education.

## APPLICATION GUIDELINES

The following are requested in application for the Recreational Therapy Clinical Fellowships:

- a completed Fellowship Application form
- a completed Supplemental Application form
- a current resume
- a personal on-site interview
- official transcript
- letters of recommendation

Application materials should be directed to:

Coordinator of Clinical Education  
Department of Recreational Therapy  
University of North Carolina Hospitals  
101 Manning Drive, Suite 9031  
Chapel Hill, North Carolina 27514

Phone: (919) 966-2301

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# DEPARTMENT OF RECREATIONAL THERAPY

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## Clinical Fellowships

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The Department of Recreational Therapy  
and Sigma Sigma Sigma